



MONTHLY NEWSLETTER:

DECEMBER 2016

CENTRE

HOURS:

8:30am to Noon
&
1pm to 4:30pm
Monday to
Friday

Open Tuesdays from
4:00pm to 7:00pm for
free Legal Aid
Services

In case of emergency,
please call the
Distress Centre at
613-238-3311

PLEASE NOTE OUR NEW ADDRESS

215-1980 Ogilvie
Road

613-741-6025

info@eorc-creo.ca
www.eorc-creo.ca



PARTICIPATE for FREE! LAND ART COMMUNITY INSTALLATIONS



*Art Place is an artist-in-residence program run by **AOE Arts Council** that places professional artists in community settings to co-create art projects through free arts programming.*

MARC WALTER, LAND ARTIST will set-up to co-create large sculptures with Jasmine Street residents using recycled branches. All young and 'less young' are welcome to come for as long as they wish in order to participate, question, discuss and enjoy the creative process!

For more information, please call **Michelle Lemieux**, Community Development Coordinator at the Eastern Ottawa Resource Centre 613-741-6025*114.



**Hours:**

8:30am - 12 pm
1pm - 4:30pm
Monday to Friday

Contact Us

1980 Ogilvie Rd.
Unit 215, 2nd
Floor, Ottawa ON
K1J 9L3

Tel: 613-741-6025
Fax: 613-741-7029
TTY: 613-741-3556

info@eorc-creo.ca
www.eorc-creo.ca

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Facebook



Intake, Resource & Referral

Christmas Programs

Toy Mountain, Christmas Exchange & Teen angel

These programs provide low-income families with a food hamper or voucher and/or with toys for children & teens.

As of October 24th, register in person Monday to Thursday, no appointment necessary.

Bring:

- Identification for each person in your household
- Proof of income
- Proof of address

DEADLINES TO REGISTER

Christmas Exchange:
November 18th

Toy Mountain and Teen Angel:
December 9th

*For more information, please call
613-741-6025 ext. 232*

The Intake Team can help you open doors to resources that include, but are not limited to: food, baby supplies, housing, counseling, clothing, social issues, understanding social services, budgeting, advocacy and more...

Women and Violence

We serve women of all cultures, religions, ages, and sexual orientations who continue to live with or have left an abusive partner.



Our services include: **CRISIS INTERVENTION AND SUPPORT, INDIVIDUAL COUNSELING, SUPPORT GROUPS, TRANSITIONAL SUPPORT, SERVICE FOR CHILDREN** (individual counselling and group support), **FAMILY COURT SUPPORT**

Help Line for Abused Women 613-745-4818 7 days 24 h.

'Tis the season for giving

Every year, members of my extended family gather for the holidays and exchange small gifts; nothing fancy just something that says 'I was thinking of you.' Some give a pair of socks, baked goods or a craft. Every year I struggled to come up with something affordable and meaningful. Then, three years ago, I decided to try a donation to a local charity that had an impact on our family and families like ours. It had been years since we lost my grandmother but I figure a donation in her honor to a related charity would be both meaningful and appreciated. I made a small donation in her name and wrote a message on handmade gift tags for each person.

The response was amazing! Most commented on the thoughtfulness but some had tears in their eyes as they read "in memory of Grandma" Those handmade gift tags now hang proudly on our trees as ornaments and every year Grandma is part of the holidays.

There are many causes in this world, but one is especially close to you: your local Eastern Ottawa Resource Centre. Make a difference in your own backyard by giving an older adult or adult with a physical disability the gift of a hot meal, access to transportation, or companionship by donating or volunteering at the Eastern Ottawa Resource Centre. Many EORC services are free of charge or available through subsidies for low income individuals thanks in part to the generous donations received by community members and local businesses.

To make a donation by phone contact us at 613-741-6025*123 or send your donation to 215-1980 Ogilvie Rd, Gloucester, ON K1J 9L3. (Note: CSS Donation). Tax receipts available.

For more information about volunteering with the Eastern Ottawa Resource Centre contact Frank at 613-741-6025*106.



Warm wishes and

happy holidays!



Our Services:

The Eastern Ottawa Resource Centre (EORC) is a community-based, non-profit organization. The EORC offers a wide range of social and community services to older adults and adults with physical disabilities residing in Blackburn Hamlet, Beacon Hill, Carlsbad Springs, Gloucester South, Orleans, Cumberland, Navan, Vars, Sarsfield and surrounding areas.

For a complete list of community support services available to seniors and persons with disabilities in Gloucester, Orléans, and Cumberland, visit us at www.eorc-creo.ca or call us at 613-741-6025*300.



Blackburn Arms

Children's Christmas Party

WHEN: SUNDAY December 11, 2016

1-3pm. Join us for food and drink and a visit from **SANTA!!**

WHERE: Blackburn Arms Pub

(2586 Innes Road, Blackburn Hamlet)

WHO: Children (and parents/caregiver) **ages 0-12** residing in Blackburn Hamlet.

YOU MUST PRE-REGISTER

To register, please contact Leigh at The Eastern Ottawa Resource Centre.

614-741-6025 X 218 lhowe@eorc-creo.ca



www.blackburnarms.com

www.eorc-creo.ca



Join us at our weekly drop-in playgroups in your area

Playgroup will be closed December 23rd 2016 through January 6th 2017.

Monday École La Vérendrye 9-11am, 614 Eastvale Drive (FRENCH)

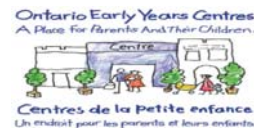
There will be no Fun to Read at Chapters this month; this will resume January 17th.

Wednesday Beacon Hill North Community Centre 9:00-11:00am 2130 Radford Court (ENGLISH)

Friday Pat Clark CC (Cyrville) 9:00-11:00am, 4355 Halmont Drive (BILINGUAL)

Don't forget your indoor shoes, water bottle and fruit to share for snack time.

Questions, call 613-741-6025 ext 218





Community Development

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Volunteers needed

We are in need of Transportation drivers to take seniors to-and-from essential services and Friendly Visitors to visit seniors for a minimum of 1-2 hours each week. All volunteer roles are done during the weekday.

Please contact Frank,
Volunteer Development
Coordinator at
613-741-6025*106 or
frosso@eorc-creo.ca
for further details
regarding these
positions.

November and December is the time of year where the Eastern Ottawa Resource Centre (EORC) seeks the input of all clients.

Please find the link to our Client Satisfaction Survey below. Printed copies will also be made available at reception.

Please pass along freely.

The link is also available on our website!

The EORC compiles responses and provides a summary in order to inform and improve the quality of programs and services.

THANK YOU!

<http://fluidsurveys.com/surveys/cvachon/2016-client-survey/>